

# Vipassana Retreat in Tampa

## 2007 Insight Meditation Retreats



### “Awakening of Presence”



Insight meditation retreats are unique opportunities to see deeply into life and discover simple and practical means towards peace and fulfillment. The precise system of practices and techniques taught in these retreats are primarily drawn from the teachings of the Buddha, with each day devoted to silent practice augmented by meditation instructions, dharma talks and individual or small group meetings. In an atmosphere of silence and stillness, the nature of consciousness, the beauty of love and the unfolding mystery of existence all come forth as gifts to be lived.

**Dates : March 16 - 18, 2007**

**and**

**November 30 - December 2, 2007**

(check-in at 5 PM Friday, ending after lunch Sunday)

**Location : FRANCISCAN CENTER, TAMPA , FL**

(complete directions will be sent with confirmation of registration)

**Registration and Costs :** Please register with a check or money order made out to GVS, Inc. and send to 5811 NW 31<sup>st</sup> Terrace, Gainesville, Florida 32653. The cost for 2 nights lodging and 6 vegetarian meals is **\$165** for a shared room or **\$185** for a private room. All rooms have private bathrooms and include linens, blankets and towels. Donations for the teachings may be given at the end of the retreat. Confirmation and directions will be sent via email or regular mail. Full refund if canceling three weeks in advance, no refund if less than a week.

**Facilitator :** Paul Linn is the co-founder of GVS, Inc. and has been involved with insight meditation for 28 years. A psychotherapist and teacher, he offers seminars and retreats throughout the US mainland and Hawaiian Islands. His teaching style reveals the dynamic relationship between progressive and instantaneous awakening.

**Sponsored by Gainesville Vipassana Society, Inc.**

**(352) 337 – 9993**

**Web page – [www.floridavipassana.org](http://www.floridavipassana.org)**

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